



John Wood Community College
Community Education
1301 South 48th Street
Quincy, IL 62305
www.jwcc.edu/communityed.asp
217/641-4941

Non Credit Class Ideas

Animals

- Animal massage
- Horseback riding
- Horse grooming and hoof care
- Dog obedience training
- Choosing the perfect pet for your family!
- How to start a pet-sitting business

Computers

- Create a Facebook & MySpace page
- I've got an iPod....now what? Learn to download songs, videos and more to your iPod or other mp3 player
- eHarmony 101 – online dating
- Computer games – learn how to play the pre-loaded computer games like Solitaire, Minesweeper, etc.

Creative Arts

- Calligraphy
- Cartooning/Caricature
- Decoupage
- Drama/Theater
- Fiber Arts
- Metal Construction/Sculpture (non-welding)
- Mixed Media sculpture
- Mosaics
- Making Recycled Art
- Music
- Pottery (have 6 wheels)
- Raku
- Typography 101 for non-designers

Dance

- Belly Dancing
- Hip hop

Driving

- Car maintenance 101
- Motorcycle safety course
- Scooter safety course

Finance

- How to buy and sell a house
- Debt Consolidation – is it the answer and how do I do it?
- Balancing a checkbook

Fitness

- Baby Steps Dance – a class for moms to bond with their babies. Learn basic dance steps, routines with your baby snuggled into a strapped-on infant carrier.
- Introduction to Archery
- Introduction to Golf
- Outdoor bicycling – also bicycle repair & maintenance

Floral Arranging

- Bridal bouquet & throw-away bouquet
- Wedding floral – how to

Food & Beverage

- Bartending for Social Gatherings – unique party-themed drinks and serving ideas
- BBQ Basics
- Candy
- Chocolate
- College student cooking – eating on a budget
- Cooking Basics – knife skills, selecting meat, basic cooking techniques, what/how much to buy
- Cooking for couples
- Make your own pizza at home
- Cooking with a tagine – Moroccan
- Crock pot cooking
- Easy Entertaining – appetizers
- Fall class - Oktoberfest theme – German
- Freeze Easy Meals
- Menu planning for the work week
- One pan/pot cooking
- Smoothies
- Summer salads and sandwiches (using a Panini press)
- Vegetarian/Low Carb/Special Diet cooking
- Wine 101 - tasting, wines of different regions, pairing food & wine
- Wine making

Health & Wellness

- Secrets to Successful Weight Loss
- Strategies for Fighting Fat After 50
- Tap Your Troubles Away – learn how to rub and tap on pressure points to relieve stress, restore balance, gain internal calm, relieve headaches and other pains
- Yoga
- Exercising at your desk
- Laughter Therapy

Home & Garden

- Basic Sewing for Home Décor – pillows, curtains, cushions
- Community Gardens
- Going Green
- Decorating – Faux Finishes and special paint techniques (for walls and furniture)
- Decorating kids rooms/nursery
- Drapes – how to choose fabrics, styles, measuring
- Energy saving tips – CFC bulbs, sealing air leaks, etc.
- Entertainment 101 Series (cooking, etiquette, decorating, party planning, etc.)
- Furniture Re-Mix – repurposing yard sale/thrift store finds
- Furniture upholstery
- Holiday décor

- Home Improvement - DIY Series – plumbing 101, electrical 101, studs and drywall 101, Lawn & Garden 101
- Low cost room redo's
- Winterize your home/garden

Humanities

- Debate class – new topic each night of class
- Great Decisions

Language & Communication

- Conversational Spanish, German, French
- Creative Writing
- Event Planning – weddings, reunions, showers, special events
- Grant Writing
- How to interview for a job
- Public speaking
- Stand-Up Comedy
- Storytelling
- Workplace etiquette
- Write a resume
- Writing/publishing Children's Books
- Writing for film

Personal Enrichment

- College Prep Series – basic money management, how to study in college, how to save for college
- Parenting Classes
- Film Critique

Photography

- Filmmaking
- Matting and Framing
- Polaroid transfers
- Portfolio Review
- Tour working Chicago/St. Louis photographer's studio, business side of things.

Misc Ideas/Notes:

- ACT Prep Workshops for high school juniors & seniors
- Dress for Success – learn which clothes to wear for your body shape/size
- Parenting 411 classes
- Themed classes
 - Black history month in Feb
 - Multicultural themes
 - Energy saving classes in April for Earth Day
 - Women's History Month