

Adams County Retired and Senior Volunteer Program

Heath Richmond, Manager / Nicole Havermale, Volunteer Specialist 217-641-4961
Susan Abbott, Editor



RSVP is a program of John Wood Community College

Inside this Issue

Summer Fun Barbecue	1
9/11 Day of Remembrance	2
Volunteer Opportunities	3,4
CASA Information	5
Save the Date	6
Did You Know	6
The Winner Is	6

Things to Remember

- "News & Views"—
 Volunteers need to prepare newsletters on Tuesday, August 30, and on Tuesday, September 27.
- Regular hours— 8:00a.m.
 —5:00p.m. Monday
 through Thursday and
 8:00a.m.—12:00 noon on
 Friday—resumed on
 Monday, August 1.

RSVP Summer Fun Barbecue





Approximately ninety RSVP staff and volunteers enjoyed themselves on Wednesday, July 13, for a barbecue. It was quite a treat to be able to mix and mingle with friends and fellow volunteers after two years of drive-throughs and cancellations! We actually were able to talk to one another and get to know each other again. The food was delicious and the camaraderie even better. Thank you all!





On this September 11th, our country will commemorate the 21st anniversary of the day our world changed. Please take a moment to remember what happened that day, those we lost, those we saved, and the first responders that we continue to honor as heroes.

Adams, Brown, and Pike Counties RSVP volunteers will be involved on Friday, September 9, by delivering "Thank You Boxes" to first responders in the three counties. We need your help!

- If you would like to deliver these boxes to Adams County First Responders Units, please call the RSVP office at 217-641-4961 to sign up. We will need six volunteers and it will take about an hour of your time.
- We will need contributions of healthy snacks to fill the boxes. These include snack crackers, energy drinks, bottled water, snack-packs, etc. Please drop off your items at the RSVP Office (D128) on the JWCC main campus in Quincy by Thursday, September 8.
- If you would like to write thank-you notes to our first responders, please drop them off at the RSVP Office by Thursday, September 8, and we will gladly add them to the boxes.

This is truly a team effort and we appreciate whatever contribution you are able to make.



Volunteer Opportunities—please share with friends and family!

This is just a sample of opportunities. Call the RSVP office to find the right fit for you!



The Quincy Museum - Looking for volunteers and there are several ways to volunteer safely. They are currently looking for greeters and tour guides—there will be training provided. Shifts would be during operating hours only (Tues.— Sun. 1:00PM-5:00PM) and they will work around any scheduling conflicts you may have, meaning you can pick your own day(s)! The Museum is also looking for volunteers who love to garden as their flower beds need some love. There are event volunteer opportunities as well. They can find the right task for you! If Museum 217-224-7669: interested. please call the at Nancy@thequincymuseum.org; or visit them at 1601 Maine. They can't wait to hear from you!

Quincy YMCA - The Quincy Family YMCA will be looking for 6 volunteers for November 23rd. They will need help from 8:00a.m.—12:00p.m. and from 12:00p.m.—4:00p.m. Needed is one team of three for each shift. The project is the YMCA Turkey Run Packet Pickup. This opportunity requires interacting with the race participants. Please call Cisco Fuller, Program Director, at 217.222.9622 ex. 207.

Quincy Community Theatre - On Saturday, August 27, from 10:00a.m.-2:00p.m., they will need volunteers to help them get costumes ready for Calendar Girls—they are looking for those who can do alterations (and for those who would like to learn) and who can label clothes for the play.

On Saturday, September 24, they are having a Deep Storage Organization Day from 10a.m.—2:00p.m. If you would like to help them reorganize costume storage by putting costumes away, cleaning up designated spaces, and purging, just wear comfortable clothes, closed-toed shoes, and bring some work gloves and you will be good to go! If interested in either opportunity, contact Alison Shaffer at 217.592.9196 or email her at alison.shafer@1qct.org

Illinois Veterans Home - "Welcome Corner Assistant"—accepts clothing donations, pushes carts, lifts boxes, and sorts through clothes. Volunteer would also assist residents with shopping for clothes. Hours are Tuesdays and Fridays from 1:00 p.m. to 3:00 p.m. Call Sara Colgrove, Director of Activities & Volunteer Services, at 217-640-2260 or email at sara.colgrove@illinois.gov.



Meals on Wheels - Taking a route for Meals on Wheels not only is a great way to learn more about the community but it is also a tangible way to help those in need. It would only require an hour of your time once a month. You might want to encourage a friend to volunteer as well—one person drives and the other person delivers! If you aren't able to deliver, please mention this need at your church or other organization. Together, we can fill the needed slots. The process for delivering MOW is designed deliver a difference so that volunteers stay safe. Call 217-223-7904 for more information or to volunteer.

The District - There will be a community dinner fundraiser happening Sunday, August 7th. They will need volunteers to greet at the door and take money for tickets plus other volunteer opportunities. For more information or to sign up to volunteer, please go the following website: https://www.signupgenius.com/ go/10c0e4fa5a62ca6f5c61-feast. This event benefits The District & Quincy Farmer's Market and will be located down the middle of Hampshire St. between 4th and 5th Streets.



Friendly Caller Program

Friendly Caller is a volunteer opportunity that can be done from your home. Volunteers will make phone calls to individuals who have requested either a supportive/listening/social call or a safety and well-being call. Depending on your availability and interest, you may call once or twice a week - or you might call five days a week. Volunteers will receive



training. This program is designed to help address social isolation and loneliness. Volunteers will be matched with an individual to call. Contact Nicole at 217-641-4961 for more information.

Blessing Service Area Opportunities - Please call **217.223.1200** unless otherwise noted.

- Blessing Health Center (Lobby Reception Desk): Volunteers provide assistance to the patients and to the departments of the Blessing Health Center by helping visitors locate office destinations.
- Cancer Center: Volunteers provide assistance and support to patients receiving oncology services at Blessing Hospital. Other requirements may apply.
- **Comfort Bears:** Volunteers help provide stuffed bears for children visiting the Emergency Department. Sewing skills and craft skills are necessary. This service can be done from home.
- Educational Services: Volunteers assist with office tasks on a weekly basis. Hours are flexible.
- Knitters: Volunteers knit or crochet baby afghans, baby caps, and hats for cancer patients. Written
 instructions are available in the Volunteer Office. Knitters are advised to check on current supplies of
 afghans and caps.
- M.E.N. (Messenger Escort Network): Volunteers provide escort and transportation services to those
 requesting assistance from and to the front lobby and throughout the campus. Volunteers also assist
 with transporting records, supplies, and patient equipment between departments. Volunteers must be
 mobile and be able to push patients in wheelchairs. Excellent customer skills are important.
- **Patient Courier:** Volunteers deliver cards, emails, and flowers to patients and employees. Must be mobile and enjoy bringing sunshine to patients.
- **Pet Therapy:** Dog lovers/owners may work with trained and certified dogs to brighten patients' days. Other restrictions may apply.
- **Shuttle Driver:** Volunteer drivers operate the shuttle between the parking lot and the front entrance of the hospital and the south entrance of the Cancer Center. Volunteers must hold a current and valid driver's license as well as possess excellent vision and coordination for driving. Volunteer driving record must meet Motor Vehicle Records standards.
- **Stuffmasters:** Volunteers are "on-call" to assemble packets or to complete other hospital projects.

<u>Tea Room Gifts and Cafe:</u> Volunteers may choose to be a waitress or a cashier in Blessing's busy Tea Room. Profits earned are given to Blessing Hospital for patient care and equipment. Morning and afternoon shifts are available. Please call **217-223-8400 ext. 6835** for more information.

Quincy Hospitality House: Volunteers serve as host or hostess and resource personnel for patients and families staying at the Hospitality House at 1129 Oak Street. Volunteers register guests, orientate guests, and check out guests at the completion of their stay. The Hospitality House is staffed by a volunteer 12 hours daily including weekends and holidays. This is a great service for couples or friends to serve together.

<u>Hospice:</u> Volunteers become a part of the Hospice team and serve in several Illinois counties. Volunteers can provide emotional support and practical assistance which will enhance the comfort and quality of life for Hospice patients and families. Hospice volunteers receive specific training to prepare for this rewarding opportunity. Other requirements may apply. Call **217-223-8400 ext. 4706** if interested in becoming a Hospice volunteer.

<u>Quincy Symphony Orchestra</u> - They will need volunteers to deliver posters to area businesses for September 12, October 17, and November 14. They can use 8 volunteers each time and they give the volunteers two concert tickets as a thank you. Please call Nicole in the RSVP office at **217.641.4961**.

<u>Quanada</u> - They are currently looking for volunteers to work in their food pantry and clothing room. Food pantry help is needed from 9:00—11:00am on Friday mornings. Clothing room help is needed to sort and organize clothing on Mondays and Fridays between 9:00am & 5:00pm and Tuesdays, Wednesdays, and Thursdays 12—5pm. If interested, please email lholt@quanada.org or to Ginny at gmueller@quanada.org.





Adams CASA Training Schedule 2022

For more information, please call **217-223-2272** or contact Brittany Durst at **bdurst@advonet.org**

Friday September 16, 2022 9AM-5PM

CHAPTER 1 Introducing the CASA/GAL Role/Judge

CHAPTER 2 The Well-Being of the Child

CHAPTER 3 Trauma, Resilience & Communication

MANDATED REPORTER TRAINING

Saturday September 17, 2022 9AM-5PM

CHAPTER 4 Mental Health, Poverty & Professional Communication

CHAPTER 5 Substance Abuse & Cultural Competence

CHAPTER 8 LGBTQ and wrapping up

Sunday September 18, 2022 9AM-5PM

CHAPTER 6 Domestic Violence & Cultural Competence

CHAPTER 7 Educational Advocacy, Older Youth

CASE FILES

Court Observation and Swearing In

TBA Adams County Courthouse

**Dates and times are subject to change. National CASA standards require 30 hours of training, missed hours must be made up. You are allowed to miss two chapters, however, makeups need to be completed. More than two chapters missed will result in being dropped from the training.

Save the Date

August 12—Blues in the District—Brother Jefferson—5:30-9:30 Washington Park

August 15—Tickets for Quincy Community Theatre's Calendar Girls on sale

August 23—Blues in the District—Hurricane Ruth (time and place shown above)

September 9—Thank-you Boxes Delivered to First Responders

Did You Know?

- ◆ JWCC (and RSVP) Summer Hours end on Friday, July 29, 2022. Regular hours resume on Monday, August 1, 2022. Working hours are Monday through Thursday, 8:00 a.m. to 5:00 p.m. and on Fridays from 8:00 a.m. to 12:00 noon.
- The Adams County RSVP Office & John Wood Community College will be closed on Monday, September 5, for the Labor Day Holiday.

The Winner Is . . .

Winner for May is <u>Leslie Geschwandner</u> and the winner for June is <u>Mary Wilson</u>. RSVP staff draw a name from all the pink timesheets submitted by the 7th of each month. Remember—if you turn your pink sheets in by the 7th of the month, you may be a winner!

We also track the names of our current members who referred a new volunteer who, in turn, submitted their first timesheet. **Carolyn Kolodziej** is the winner for May and June!

Winners, please stop by the RSVP office on the JWCC Main Campus to pick up your \$15.00 Hy-Vee gift card. We suggest calling before you come—217-641-4961.

