

2018 Upward Bound Summer Program Class & Daily Schedule (Weeks 2-5)

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p>8:00am-8:50am M/P travel to Quincy</p> <p>8:15am-9:00am-Check into Dorms</p> <p>9:05am-9:20am-Travel to JWCC</p> <p>9:25am-10:40am</p> <ul style="list-style-type: none"> • Geometry • Pre-Calculus • Foreign Language (R. Hodgson) <p>10:45am-12:00pm</p> <ul style="list-style-type: none"> • Algebra 2 • Statistics • Foreign Language (R. Hodgson) <p>12:00pm-12:45pm - LUNCH</p> <p>12:45pm-2:00pm</p> <ul style="list-style-type: none"> • English 1 • Workout Or Study <p>2:05pm-3:25pm</p> <ul style="list-style-type: none"> • English 2 • Workout Or Study <p>3:30pm-3:45pm-Travel to QU</p> <p>3:45pm-5:00pm-Staff Meeting/Student Free Time</p> <p>5:00pm-5:15pm-Walk to Dinner</p> <p>5:15pm-6:00pm DINNER</p> <p>6:00pm-6:15-walk to Res Halls</p> <p>6:15pm-7:15pm Teambuilding/Res Hall Survival Skills</p> <p>7:15pm-8:15pm Leadership & Mentoring Groups</p> <p>8:15pm-10:30pm Study Time</p> <p>10:30pm – Lights Out</p>	<p>7:15am-8:00am-BREAKFAST</p> <p>8:00am-8:15am-Travel to JWCC</p> <p>8:15am-9:30am</p> <ul style="list-style-type: none"> • Odontology • Physics (S. Hodgson) • Study in Library • Work-study (C154) <p>9:35am-10:50am</p> <ul style="list-style-type: none"> • Advanced Biology • Chemistry (S. Hodgson) • Study in Library • Work-study (C154) <p>10:55am-11:55am</p> <ul style="list-style-type: none"> • Financial Literacy/JA <p>12:00pm-12:45pm - LUNCH</p> <p>12:50pm-2:05pm</p> <ul style="list-style-type: none"> • Study in Library • Work-study <p>2:10pm-4:00pm</p> <ul style="list-style-type: none"> • Enrichment Arts – Drama/Theater <p>4:05pm-4:20 pm-Travel to QU</p> <p>4:20pm-5:00pm-Staff Meeting</p> <p>5:00pm-5:15pm-Walk to Dinner</p> <p>5:15pm-6:00pm DINNER</p> <p>6:00pm-6:15-walk to Res Halls</p> <p>6:15pm-7:15pm-Teambuilding/ Dorm Survival Skills</p> <p>7:15pm-8:15pm-Leadership & Mentoring Groups</p> <p>8:15pm-10:30pm-Study Time</p> <p>10:30pm – Lights Out</p>	<p>7:15am-8:00am-BREAKFAST</p> <p>8:00am-8:15am-Travel to JWCC</p> <p>8:20am-9:20am</p> <ul style="list-style-type: none"> • Stress Relief <p>9:25am-10:40am</p> <ul style="list-style-type: none"> • Geometry • Pre-Calculus • Foreign Language (R. Hodgson) <p>10:45am-12:00pm</p> <ul style="list-style-type: none"> • Algebra 2 • Statistics • Foreign Language (R. Hodgson) <p>12:00pm-12:45pm - LUNCH</p> <p>12:45pm-2:00pm</p> <ul style="list-style-type: none"> • English 1 • Workout Or Study <p>2:05pm-3:25pm</p> <ul style="list-style-type: none"> • English 2 • Workout Or Study <p>3:30pm-3:45pm-Travel to QU</p> <p>3:45pm-5:00pm-Staff Meeting/Student Free Time</p> <p>5:00pm-5:15pm-Walk to Dinner</p> <p>5:15pm-6:00pm DINNER</p> <p>6:00pm-6:15-walk to Res Halls</p> <p>6:15pm-7:15pm Teambuilding/Res Hall Survival Skills</p> <p>7:15pm-8:15pm Leadership & Mentoring Groups</p> <p>8:15pm-10:30pm Study Time</p> <p>10:30pm – Lights Out</p>	<p>7:15am-8:00am-BREAKFAST</p> <p>8:00am-8:15am-Travel to JWCC</p> <p>8:15am-9:30am</p> <ul style="list-style-type: none"> • Odontology • Physics (S. Hodgson) • Study in Library • Work-study (C154) <p>9:35am-10:50am</p> <ul style="list-style-type: none"> • Advanced Biology • Chemistry (S. Hodgson) • Study in Library • Work-study (C154) <p>10:55am-11:55am</p> <ul style="list-style-type: none"> • Financial Literacy/JA <p>12:00pm-12:45pm - LUNCH</p> <p>12:50pm-2:05pm</p> <ul style="list-style-type: none"> • Study in Library • Work-study <p>2:10pm-4:00pm</p> <ul style="list-style-type: none"> • Academic/College Prep for Sophomores & Juniors • Academic/College Prep for Seniors <p>4:05pm-4:20 pm-Travel to QU</p> <p>4:20pm-5:00pm-Staff Meeting</p> <p>5:00pm-5:15pm-Walk to Dinner</p> <p>5:15pm-6:00pm DINNER</p> <p>6:00pm-6:15-walk to Res Halls</p> <p>6:15pm-7:15pm-Leadership & Mentoring Groups</p> <p>7:15pm-10:30pm-Off Campus Activity</p> <p>10:30pm – Lights Out</p>	<p>7:15am-8:00am-BREAKFAST</p> <p>8:00am-8:15am Travel to Career Tour</p> <p>8:15am-11:10am Career Tours</p> <p>11:10-11:25am travel to JWCC</p> <p>11:30am-1:30pm-Lunch & Learn How to Cook Healthy</p> <p>1:30pm-2:30pm Mental Health Speaker Series</p> <p>2:30pm-4:30pm Volunteering</p> <p>4:30pm-4:45 pm Travel to QU</p> <p>4:45pm-5:00pm Check out of Dorms</p> <p>5:00pm-5:45pm M/P travel to Pittsfield Park N' Ride</p>

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
June 11: 1st Day Only – 8:15am – JWCC Tour & Find Dead Body Teambuilding:	June 12: Enrichment Activity: Dorm Survival Topic: The Division of Space & Roommate Respect	June 13: Stress Relief Topic: Time Management Dorm Survival: Studying Better	June 14: Academic/College Prep Topic 10 &11: How to use Tutor.com & why Grades are important for college Academic/College Prep Topic 12: Off-Campus Activity:	June 15: Career Tour: Mental Health Speaker/ Topic: Depression Volunteering:
June 18: Teambuilding:	June 19: Enrichment Activity: Dorm Survival Topic: Doing Laundry/Dorm Supplies	June 20: Stress Relief Topic: Dealing with conflict Dorm Survival: Making Sensible Decisions	June 21: Academic/College Prep Topic 10&11: SAT mock testing Academic/College Prep Topic 12: Off-Campus Activity:	June 22: Career Tour: Mental Health Speaker/ Topic: Anxiety Volunteering: QFest?
June 25: Teambuilding:	June 26: Enrichment Activity: Dorm Survival Topic: Getting Involved	June 27: Stress Relief Topic: Unplugging & Relaxation Dorm Survival: Partying & Drug Abuse	June 28: Academic/College Prep Topic 10&11: SAT mock testing Academic/College Prep Topic 12: Off Campus Activity:	June 29: Career Tour: Mental Health Speaker/ Topic: Bullying Volunteering:
July 2: Teambuilding:	July 3: Enrichment Activity: Dorm Survival Topic: Dorm Cooking/Taking Care of Yourself when you are sick	July 4: NO CLASSES, ITINERARY: Items that focus on our activities in DC/BBQ/ Outdoor Water Fight/Movie Theater/Watch Fireworks/Volunteer at the IL Vets Home	July 5: Academic/College Prep Topic 10&11: Reviewing SAT Results & Creating a study plan Academic/College Prep Topic 12: Off Campus Activity:	July 6: Career Tour: Mental Health Speaker/ Topic: Loss Volunteering:

Staff Duties for Summer Set-up:

Enrichment Activities: Valerie
College Prep Course: Jessi
Career Tours: Valerie
Volunteering: Valerie/Jessi

Staff Duties Schedule During Summer Program:

Class/Work-study Attendance Checker: Sarah/Jenny
Handle Emergencies & Problems: Jenny/Rob
Fall UB Scholar Meetings Prep: Jessi
Fall Event Prep: Jenny
Library/Study Monitor: Sarah/Jenny
Update Daily Absence Forms: Valerie
Handle Instructor Needs/Issues: Jenny/Valerie