



# COURSE SCHEDULE

## Fall 2022

COLLEGE FOR LIFE

Apply online:  
<https://www.jwcc.edu/cfl-application-form>



### TUITION

Tuition for each course is \$250  
\*Except Self-Advocacy 1 and First Year Experience

Additional supply fees:  
\$50 Cooking 3  
\$50 Greenhouse Gardening



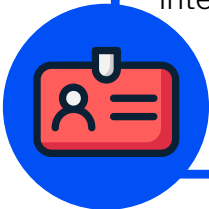
### FALL 2022 CFL CALENDAR

Aug 23	CFL Classes begin
Sept 5	College closed
Nov 8	College closed
Nov 23-25	Thanksgiving Holiday - no classes (Nov 24-25 - college closed)
Dec 8	Last day of CFL classes

### WORKFORCE PREPARATION 1

Year 2 students will explore career options related to their interests and skills.

T/Th 9-9:50



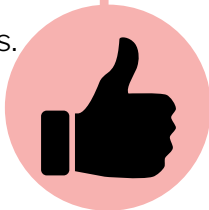
### FYE: FIRST YEAR EXPERIENCE

All new JWCC students take this course to learn skills and information for success in college. Students will earn 1 credit hour.

### SELF-ADVOCACY 1

Year 1 students will learn how to take charge of their own future. They will explore their skills, interests, and needs. They will learn skills needed for a successful adult life.

T/Th 9-9:50



### POSITIVE COMMUNICATION

Year 1 students will learn and practice basic skills for communicating at home, school, work, and in the community.

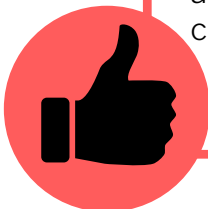
T/Th 10-10:50



### SELF-ADVOCACY 3

Year 2 students will explore resources to meet their future needs. They will review disability history and learn how to advocate for their future. They will complete action plans to achieve goals.

T/Th 10-10:50



For more info

[cfl@jwcc.edu](mailto:cfl@jwcc.edu)

217.641.4340

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New student registration begins May 2nd, 2022

Times	Days	CRN	Course Title	Required/ Elective	Room	Tuition + Supply Fee	Instructor
9-9:50	T	36132	FYE: First Year Experience	Required: Year 1	D158	\$170 in-district \$280 out-of-district	Lynette Roll
9-9:50	Th	35803	Self-Advocacy 1	Required: Year 1	D158	\$125	Becky Fox
9-9:50	T/Th	35804	Workforce Prep 1	Required: Year 2	D115	\$250	Shanna Lonsberry
10-10:50	T/Th	35805	Positive Communication	Required: Year 1	D158	\$250	Misty Fierge
10-10:50	T/Th	35806	Self-Advocacy 3	Required: Year 2	D115	\$250	Becky Fox
11-11:50	T/Th	35830	Intro to Theatre	Elective	D129	\$250	Brendan Shea
11-11:50	T/Th	35831	Cooking 3	Elective	D159	\$250 + \$50	Judie Mehaffy
1-1:50	T/Th	35833	Greenhouse Gardening - Fall	Elective	B051	\$250 + \$50	Lynette Roll
1-1:50	T/Th	35837	QU Math	Elective	D115	\$250	Judie Mehaffy
2-2:50	T/Th	35840	TED Topics	Elective	D115	\$250	Becky Fox
2-2:50	T/Th	35844	Fitness 1	Elective	G112	\$250	Shanna Lonsberry



### INTRO TO THEATRE

Students will learn basic theatre vocabulary and explore theatre concepts through group activities.

T/Th 11-11:50

### COOKING 3

Students will learn recipes for meals and desserts. They will practice cooking independently. Students can use their skills at home to cook for themselves and others. (Previous cooking classes required)

Maximum enrollment: 6 students  
Supply fee: \$50

T/Th 11-11:50



### QU MATH

Students will work with QU Math Education students for individualized 1:1 or small group math instruction. The QU Math Education Professor will provide guidance and supervision.

T/Th 1-1:50



### GREENHOUSE GARDENING

Students will grow fruits, vegetables, and herbs using raised beds, containers, and hydroponics. Supplies required: gardening gloves

Maximum enrollment: 8 students  
Supply fee: \$50

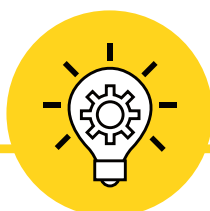
T/Th 1-1:50



### TED TOPICS

Students will explore a variety of topics through short TED Talks.

T/Th 2-2:50



### FITNESS 1

Students will learn and practice fitness activities as well as proper stretching and exercise techniques.

T/Th 2-2:50



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