



## **JWCC College for Life Courses Spring 2024**

Tuition due January  
Classes start January 16  
Mid-Term Break March 11-15  
Spring Recess March 27-29  
Last day of classes May 10

### **Course Descriptions**

#### **Course: Self Advocacy II**

Instructor: Becky Fox

Tuesdays and Thursdays 9:00-9:50

Tuition: \$250

*Students will build on skills gained in SA I in order to improve their practice of self-advocacy and self-determination to live a person-centered life. They will continue to explore and express their interests, strengths, and needs. They will strengthen soft skills for success. They will continue to work on the action plan that was created in SA I.*

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#### **Course: Workforce Prep II**

Instructor: Chryssia Hea

Tuesdays and Thursdays **9:00-10:50**

Maximum enrollment: 5

Tuition: \$375

*During weeks 1-8 of this two-hour class, students hone skills needed to get and keep a job. They will participate in job shadowing opportunities within the college during hour 2.*

*During weeks 9-15, students attend class at Blessing Hospital\*. They will participate in 4 unique job shadowing opportunities at Blessing. They will meet to discuss and process their experiences in a Blessing classroom during hour 2. They will also complete the application process for employment\*\* at Blessing, if desired.*

*\*Transportation back to John Wood will be arranged by the college. \*\*Employment is not guaranteed.*

*\*\*\*Note that this class is 1 hour, 50 minutes. Students taking Workforce Prep II do NOT register for a 10:00 class\*\*\**

Course: **Healthy Relationships**

Instructor: Tammy Napier

Tuesdays and Thursdays 10:00-10:50

Tuition: \$250

*Students learn to identify and create safe and healthy relationships and practice helpful skills to improve their existing relationships.*

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Course: **Child Development**

Instructor: Becky Fox

Tuesdays and Thursdays 10:00-10:50

Tuition: \$250

*Students will study and observe how human beings grow and develop from birth to adulthood.*

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Course: **Math Games**

Instructors: Becky Fox

Tuesdays and Thursdays 11:00-11:50

Tuition: \$250

*Hands-on math activities and games will help students practice and improve math skills. Topics include basic math, problem solving, practical daily math, and money.*

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Course: **Cooking**

Instructor: Tammy Napier

Tuesdays and Thursdays 11:00-11:50

Tuition: \$250

*Students will practice basic cooking skills, food safety, and planning to prepare fun, easy snacks and meals.*

**Course: Drawing/Art**

Instructor: Tammy Napier

Tuesdays and Thursdays 1:00-1:50

Tuition: \$125

*In this course students explore composition, shading and color through guided pencil drawing, as well as art projects using other mediums.*

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**Course: Fun & Fitness**

Instructor: Chryssia Hea

Tuesdays and Thursdays 1:00-1:50

Tuition: \$250

*Students will work on their cardio-respiratory endurance, strength, endurance, and flexibility through fun and engaging activities.*

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**Course: Short Stories & Books**

Instructors: Tammy Napier

Tuesdays and Thursdays 2:00-2:50

Tuition: \$250

*Share, read and listen to self-selected stories and books while improving your reading skills. This class takes place in the John Wood Library.*

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**Course: Gardening**

Instructors: Becky Fox

Tuesdays and Thursdays 2:00-2:50

Tuition: \$250

*Grow vegetables while learning valuable gardening skills in our John Wood greenhouse. Gloves and tools are provided.*