



# Volunteer Voice

## Adams County Retired and Senior Volunteer Program

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RSVP is a  
program of  
John Wood  
Community  
College



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### Things to Remember

“News & Views”—Volunteers need to prepare newsletters on Tuesday, February 28, and on Tuesday, March 28, 2023.

**Happy Valentine's Day!**

**Happy President's Day!**

### Message from Heath Richmond

Rain, tornados, 65-degree weather, sub-zero temps, snow, and bitter wind chills—Mother Nature sure can't seem to make up her mind about what season we are in. However, according to the calendar, we are right in the middle of Winter and already into the second month of 2023. I hope all of you had a wonderful holiday season and 2023 has started off well. As I approach my first year being the director of the Adams, Brown, and Pike County RSVP program, I am so grateful for all the great volunteers that I have had the pleasure to get to know and for all the great programs to which our volunteers have contributed.

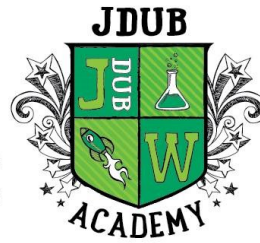
Every day we see more people coming forward and asking for help and more agencies looking for ways to provide it. The RSVP program is in a unique position to reach out to our volunteers and let them know where the need is greatest. You always come through and you do it with a selflessness that is rarely seen. I hope that each of you reading this knows what an impact you have on our communities. You are our best spokespeople, our best role models, and our best recruiters. As the 2023 calendar continues to move forward, please talk about what you do so the community is aware of RSVP! Ask your friends and neighbors to join you in volunteering so we can increase that incredible impact you are already having on the people and organizations that RSVP helps every day. Thanks for all you do and have a great 2023!

*Heath*

## We're looking for JDub Academy Instructors!

Do you have experience teaching children?  
Become a JDub Academy Instructor this summer!

JDub Academy will be held June 12–30, 2023. JDub Academy helps children explore how their hobbies, interests, and strengths might connect with a future career through hands-on academic and enrichment workshops at JWCC.



Contact Community-Based Outreach at [cbo@jwcc.edu](mailto:cbo@jwcc.edu) or 217.641.4941 to learn more!

## RSVP & Retirees Enjoy Basketball Games 1-18-2023

Volunteers and Retirees got to visit with JWCC President Bryan Renfro and our own Woody the Trail Blazer!!!





## **Volunteer Opportunities—please share with friends and family!**

This is just a sample of opportunities. Call the RSVP office to find the right fit for you!

**Arts Quincy** - Volunteers needed who would be willing to sit in on our after-school program sessions to provide assistance to our service providers with anything they may need, such as taking attendance, passing out supplies, keeping the kids focused and listening to directions, cleaning up after the class, or helping out during pick-up time. The sessions will be at four of the Quincy public schools: Iles on Monday, Denman on Tuesday, Rooney on Thursday, and Baldwin on Friday. Will start at 3:15 pm and end at 4:15 pm with 15 minutes allotted for pick-up of the students. Our quarter 3 starts on 1/30 and ends 3/3 with no program on 2/17 and 2/20 due to conference for QPS and President's day. Then, quarter 4 starts 4/17 and ends on 5/12.

Please email the Arts Quincy Office at [office@artsquincy.org](mailto:office@artsquincy.org) or call **217-222-3432** and ask for Jaycie.

**Villa Kathrine** - Volunteers are needed as hosts—shifts are flexible and available Monday through Sunday with a special need for volunteers on Saturdays. The Villa Kathrine is home to Quincy's Tourist Information Center and welcomes and provides information to visitors and residents. Training is provided. For more information, please call Volunteer Coordinator, Betty Poore at **217-224-6922**.



**The Quincy Museum** - Currently looking for volunteers for greeters and tour guides—there will be training provided. Shifts would be during operating hours only (Tues.—Sun. 1:00PM-5:00PM) and they will work around any scheduling conflicts you may have, meaning you can pick your own day(s)! There are event volunteer opportunities as well. They can find the right task for you! If interested, please call the Museum at **217-224-7669**; email [Nancy@thequincymuseum.org](mailto:Nancy@thequincymuseum.org); or visit them at 1601 Maine. They can't wait to hear from you!



**Meals on Wheels** - Taking a route for Meals on Wheels not only is a great way to learn more about the community but it is also a tangible way to help those in need. It would only require an hour of your time once a month. You might want to encourage a friend to volunteer as well—one person drives and the other person delivers! If you aren't able to deliver, please mention this need at your church or other organization. Together, we can fill the needed slots. The process for delivering MOW is designed so that volunteers stay safe. Call **217-223-7904** for more information or to volunteer.

**Horizons** - Volunteers are needed to work in their food pantry at 224 S. 8th St. on Sundays, Mondays, and Thursdays. Please call **217-224-5530** or email Eric Thorsen at [eric@horizonsquincy.com](mailto:eric@horizonsquincy.com) with any questions.

**Blessing Hospice** - Volunteers become a part of the Hospice team and serve in several Illinois counties. Volunteers can provide emotional support and practical assistance which will enhance the comfort and quality of life for Hospice patients and families. Hospice volunteers receive specific training to prepare for this rewarding opportunity. Other requirements may apply. Call **217-223-8400 ext. 4706** if interested in becoming a Hospice volunteer.

**Quanada** - Volunteer in our Clothing Room! Sort, organize, and hang locally-donated goods. All donations stay in the community and are free for those who need them. Hours are flexible and any time you can give is appreciated. All volunteers must sign a confidentiality waiver. Contact Libby Holt at [lholt@quanada.org](mailto:lholt@quanada.org) or Ginny Mueller at [gmueller@quanada.org](mailto:gmueller@quanada.org). You may also call **217-222-0069**.

**JWCC Adult Literacy Tutor** - Tutors meet weekly with students needing to improve skills in reading, math, or learning English. No prior teaching is necessary. We provide free training and materials. Must have high school diploma or GED credentials. Tutors meet with students at a public location convenient to both tutor and student, such as JWCC education centers (Quincy, Pittsfield, and Mt. Sterling), public libraries, online, etc. For more information, call Tina Jett at **(217)641-4153** or visit <https://www.jwcc.edu/programs/ged-literacy-esl/>.

**Homeward Bound Waggin** - Looking for volunteers to help with their weekly Adoption Center that is every Saturday from 10 am to 3 pm. There is an application to be completed by all potential volunteers located on their website at <https://www.homewardboundwaggininc.org/volunteer>.

### [Quincy Community Theater](#) -

- **Costume & Scene Shop Open Hours**

**Date: Every Thursday      Time: 3-5pm**

Come help in our costume or scene shop with a variety of projects ever-changing depending on our current production. Contact Costume Shop Manager Vicky Vail ([vicky.vail@1qct.org](mailto:vicky.vail@1qct.org) or **217.222.3209**) or Harrison Clarke ([harrison.clarke@1qct.org](mailto:harrison.clarke@1qct.org) or **217.222.3209**) with questions and to arrange other days/times as your schedule allows.

- **Rent Audition Table**

**Date: February 11      Time: 9:40-2:30**

**February 12      12:40-5:30**

Greet and check in volunteers auditioning for our April production of *Rent*. We generally break the day into shifts, but you are welcome to work the entire time if you like.

Contact Alison Shafer ([alison.shafer@1qct.org](mailto:alison.shafer@1qct.org) or **217.222.3209**)

- **Moana Jr. Front of House**

**Dates: February 22-26**

We need ushers, ticket scanners and box office assistance for our run of *Moana Jr.* Below is the sign up link.

<https://www.signupgenius.com/go/5080D4CAEAE2CABFF2-moana1>

### [Illinois Veterans Home](#) - Here are volunteer opportunities from the Illinois Veterans Home:

- **CDL Driver** (with passenger endorsement)

Our residents love to go for bus rides! Times vary depending on units. Activity bus is a 16 passenger vehicle that holds 2-3 wheelchairs and up to 14 walk-ons.

- **Bus Driver**

Ability to drive a 10-wheelchair bus. Does not require a CDL but experience in driving large vehicles a plus! Assist with transporting residents to special events, Wal-mart or just a bus ride around town.

- **Trolley Driver**

Can you drive a tractor? Our residents enjoy trolley rides around grounds. Rides are offered Tuesday, Wednesdays, and Thursdays at approximately 9 or 10 am. Depends on weather too!

- **Medical Appointment Escort**

Assist residents to medical appointments, to sit with them while they wait for their appointment, and to help them get to back to unit. Requires arriving 45 minutes prior to appointment, ride with security & resident to appointment location, and return to unit following appointment. Hours vary depending on weekly appointment schedule and/or type of appointment.

- **Welcome Corner Assistant**

Help accept clothing donations, push carts, lift boxes, and sort through clothes. Assist residents with shopping for clothes. Tuesdays from 1 pm to 3 pm

To keep you and our residents safe & healthy, masks are required and weekly covid screening/testing required for volunteers.

If you are interested in any of these volunteer opportunities or would like more information, please feel free to contact—Sara Colgrove **217-640-2260** or email: [sara.colgrove@illinois.gov](mailto:sara.colgrove@illinois.gov).

## **Martin Luther King, Jr., Day of Service Helps “Sleep in Heavenly Peace”**



Martin Luther King, Jr., Day of Service was Monday, January 16, 2023. We again asked for donations for the ***Sleep in Heavenly Peace*** Chapter in Liberty, IL. Though we did not receive as many donations as we did last year, every donation was greatly appreciated! We also were able to sponsor a pork sandwich fundraiser with all proceeds going to the Liberty Chapter. Thank you to all who helped with this very worthwhile project!

### **Five Real Perks of Being 55 and Older**

Hitting the age of 55 or older doesn't mean you're on your last legs, and the perks for senior citizens don't stop there either! It simply means that you have reached a sort of right of passage for all that you have done throughout your life, and now it's payback time, in a good way! Here are five well-deserved perks for senior citizens that you should totally take advantage of:

**Travel Perks** — At this age, it's like your 20s all over again! It's the perfect time to start traveling the world and exploring. Many may not know this but most major airlines provide senior discounts which could help you tremendously with your trip. A 20% discount could save you hundreds of dollars depending on where you're flying! That extra cash can be spent on all the great souvenirs for your friends and family or on dining out at delicious restaurants with foods you've never tried before.

**Continuing Your Education** — For those who simply love to learn, continuing your education in classrooms is a great way to do that. In fact, it's even greater for those 55 and up because tuition can be of little to no cost to you. Lots of local colleges offer no-credit courses for free to seniors, making it an easy and inexpensive way to continue your love for learning.

**National Park Perks** — Tons of national parks provide discounts for seniors, making it an easy way for you to check out some of mother nature's beautiful scenery. Remember the airline perk? Now you can get a discounted flight to a beautiful national park! Also, if you're 62 or older, you can get an ['America the Beautiful' pass](#) for \$10. This pass provides you with a lifetime of free entrances to all U.S. national parks, including huge discounts on campgrounds, boating, etc.

#### **Dining Perks**

Let's face it, we love to go out and enjoy a nice meal at a sit-down restaurant no matter what age we are. So why not take advantage of what you already love to do and receive discounts at restaurants? Most people don't know about the perks because they are not advertised, but simply asking can unveil just how big of a discount you can receive. So much more bang for your buck!

#### **Shopping Perks**

Whether you're shopping for yourself, a friend, your kids, or grandkids, tons of big-name stores offer discounts to shoppers 55 and up. It just depends on the day of the week. Some stores only have the discounts on one particular day of each week. So, be sure to stay tuned to such perks and cut your shopping expenses significantly.

The greatest perk of all is the time you have to spend with family and friends, and more of it! You're in what most consider the *happiest years*, so go explore and enjoy the many perks of being 55 and older. You deserve it!

AFTER55.com

### [Did You Know?](#)

For course descriptions and registration: [www.jwcc.edu/cbo](http://www.jwcc.edu/cbo)

- Community-Based Outreach at John Wood Community College offers noncredit personal enrichment and professional development classes. Our goal is to provide a wide range of programs to meet community needs and interests. Classes beginning in February include **Cognitive Re-Patterning**, **Spicy, Sweet & Heat**, and **Spanish for Beginners**. Please visit our website to find a complete list of course descriptions and registration.
- **The income tax assistance through the United Way (VITA) will, unfortunately, not be available this year. You may contact the Quincy Senior Center at 217-224-5031 or at [myfreetaxes.com](http://myfreetaxes.com).**

### [Save the Date](#)

**February 18** - Quincy Civic Music Association presents "Seraph Brass" at 7:30 p.m. at Salem Evangelical Church.

**February 19** - Quincy Symphony presents "Cherished Melodies" at 3:00 p.m. at QJHS Morrison Theater.

**February 23-February 26** - Quincy Community Theater presents Disney's **Moana, Jr.** Please call **217-222-3188** for more information.

### [The Winner Is . . .](#)

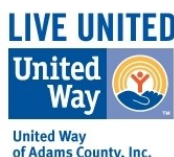
Winner for November is **Faylene Knuffman** and the winner for December is **Donna Fuller**. RSVP staff draw a name from all the pink timesheets submitted by the 7th of each month. **Remember—if you turn your pink sheets in by the 7th of the month, you may be a winner!**

**Winners, please stop by the RSVP office on the JWCC Main Campus to pick up your \$20.00 Hy-Vee gift card. We suggest calling before you come—217-641-4961.**

Adams County  
Lead With Experience...

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