



Volunteer Voice

Adams County Retired and Senior Volunteer Program

Heath Richmond, Manager / Nicole Havermale, Volunteer Specialist 217-641-4961

Susan Abbott, Editor



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Things to Remember

"News & Views"—Volunteers need to prepare newsletters on Tuesday, October 31, and on Tuesday, November 28, 2023.

JWCC and RSVP will be closed on Thursday, November 23, and Friday, November 24, 2023, for the Thanksgiving Holiday.



Message from Heath Richmond

Fall is my favorite time of the year. I love watching the leaves change, being able to turn off the air conditioning, and getting ready for the approaching holiday seasons. I also really enjoy the cooler weather, warm soup, marching bands, an evening around a bonfire, and watching football games with friends. But one of the best things about Fall is that it is once again time to celebrate you, our wonderful RSVP Volunteers.

2023 Adams County RSVP Volunteer Recognition Luncheon
Wednesday October 25, 2023, at 12:00 noon
Student Activity Center (GYM)
John Wood Community College
1301 South 48th Street, Quincy, IL

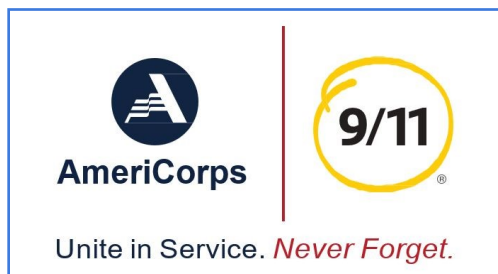
Doors will open at 11:30 am – Parking is available at the lower level on the west end of the Student Activity Center

We hope to see all of you at the luncheon where we will celebrate the last year of exceptional volunteer service to our Adams County Community. We will recognize milestones in years of service as well as give special thanks to all the stations who work with us on an annual basis. Please see reservation details later in this newsletter.

Heath



On September 11, 2023, RSVP volunteers gathered at the Illinois Veterans Home. They drove golf carts around the grounds so that residents could see the new construction, the buffaloes, and the deer. The veterans were then treated to a picnic lunch. What better way to commemorate 9-11 than to put smiles on the faces of our vets!



*To celebrate our 50 years of service,
you are invited to the RSVP Recognition Luncheon*

**Wednesday, October 25, 2023, at 12:00 p.m.
Student Activity Center/John Wood Community College
1301 South 48th Street, Quincy, IL
Doors open at 11:30 a.m.**

**Reservations are required and will be checked at the door.
Call 217-641-4961 by Wednesday, October 18, 2023. Please meet this
deadline—we need an accurate count of those attending. Thank you!**

**If you have turned in 24 or more volunteer hours in the past year,
there is no charge.**

All others—\$10.00 in advance

*Parking at lower level on the west side of the
Student Activity Center (the gym)*

Volunteer Opportunities—please share with friends and family!

This is just a sample of opportunities. Call the RSVP office to find the right fit for you!

Quincy Preserves - Volunteers are needed for the 2023 Fall Home Tour, Behind Closed Doors, on Saturday, October 14, from 9:00 a.m. until 3:00 p.m. Volunteers are asked to work a two-hour shift with choice of 9:00 a.m.—11:00 a.m., 11:00 a.m.—1:00 p.m., or 1:00 p.m.—3:00 p.m. Volunteers will either check people's tickets or act as tour guides. Please contact Michele Khoury, QP Vice President, at michelemonies@yahoo.com.

Blessing Hospital - Volunteers are needed in the Tea Room; as an ICU Host(ess) or Surgical Host(ess); Shuttle Driver; M.E.N.; G.I. Center; Patient/Flower Courier; Sewing, Knitting, & Crocheting (done at home); 927 Broadway; Quincy Hospitality House; and Chaplaincy Program. *Volunteer Services will schedule a 2 hour general volunteer orientation. Please call **217-223-8400 ext. 6821** or email sarah.cole@blessinghealth.org.

Meals on Wheels - Taking a route for Meals on Wheels not only is a great way to learn more about the community but it is also a tangible way to help those in need. It would only require an hour of your time once a month. You might want to encourage a friend to volunteer as well—one person drives and the other person delivers! If you aren't able to deliver, please mention this need at your church or other organization. Together, we can fill the needed slots. The process deliver a difference for delivering MOW is designed so that volunteers are safe. Call **217-223-7904** for more information or to volunteer.

Quincy Park District - Volunteers needed for Nature Trails on Sunday, October 8, from 9:00 a.m.—1:00 p.m. and Sunday, October 29 at the same time. If interested, please Text or Call the Nature Trails Coordinator at **217-316-2732**.

Quincy Public Schools - The need for one-on-one student mentors is greater than ever before! Can you spare 30—45 minutes a week during the school day to make a difference in a young person's life? Our community needs you! To find out more about this pivotal program, please visit :

<https://www.qps.org/departments/cia/student-mentoring/> or
www.qps.org

You may also contact Tracy at bughtr@qps.org or by calling **217-228-7158 x2243**.



911 Care Boxes Delivered Friday, September 8th, To Area First Responders

RSVP volunteers picked up Care Boxes and delivered them to first responders to commemorate the 911 Remembrance Day. It's our way of letting our First Responders know how valuable they are and how we appreciate what they do for us each and every day.

With a grateful heart, we all say "Thank You! You're the Best!"



From the BBB: In the market for credit relief? Do your homework first.

People struggling with debt or seeking to fix their credit score often turn to credit relief companies. And some of these companies make big promises, but then don't deliver, leaving people further in debt.

Debt is not inherently bad, but many people find themselves underwater as monthly payments and interest stack up, leading them to seek help from a credit repair company. While some people report positive experiences with the credit and debt assistance industry, others reported that expensive fees and lackluster results left them worse off than before.

A new BBB study found a pattern of high fees and overstated promises from predatory companies in the debt relief, debt consolidation, and credit repair industries. BBB has over 11,000 complaints and more than 1,000 negative reviews about debt and credit assistance that reveal a pattern of misleading and sometimes fraudulent claims.

If you're thinking of contacting a credit relief company, BBB recommends caution and thorough research to make sure you're working with a reputable company and not putting yourself at risk for a scam.

You should also keep in mind that many of the services offered by credit and debt assistance companies are things you can do yourself. Here are some key terms and services to know about when researching options.

Tips for people considering debt relief or credit repair:

- Use [AnnualCreditReport.com](https://annualcreditreport.com) to get a free credit report.
- Don't pay or provide payment information to any company until service is rendered.
- Critically examine any guarantee made. Few, if any, companies, can ensure that a credit or debt company will agree to negotiate with them or adjust reports.
- If you are in default, call debt holders yourself and attempt to negotiate a lower debt payment.
- Check monthly bank statements to avoid recurring charges from companies.
- Search online for free information.
- Don't give in to pressure. Unscrupulous businesses and scammers both use high-pressure tactics to try to rush a decision.
- Avoid giving away personal banking information until you are 100% certain a company is legitimate.
- Refuse to work with companies that won't tell you your rights when it comes to credit repair or debt relief.
- Be wary of anyone claiming to be associated with a government agency.

Where to report a scam:

[Better Business Bureau](https://www.bbb.org) or [BBB Scam Tracker](https://www.bbb.org/scamtracker)

[Federal Trade Commission \(FTC\)](https://www.ftc.gov) or call 877-FTC-Help

Find your state's Attorney General online.

Don O'Brien is the regional director for the Quincy Better Business Bureau. Contact him at dobrien@quincybbb.org or (217) 209-3972.

Save the Date

October 1 — Quincy Symphony Orchestra—"Legend of the Northern Lights" at 3:00 p.m. on Sunday, October 1, 2023, at QJHS Morrison Theater

October 19 — Quincy Community Theatre — "The Hobbit" October 19 — October 22, 2023

October 25—Recognition Luncheon—JWCC Cafeteria—doors open at 11:30 a.m. Eat at 12:00 Noon. Reservations required.

Community-Based Outreach has a wide variety of personal and professional development classes coming up in October and November! Please visit our website for full list of courses and registration: www.jwcc.edu/cbo. If you have questions, please call 217-641-4941. Some upcoming classes include:

Beginning Knitting - This course will show you everything you need to know to get started with knitting. First, you'll learn how to get yarn onto the needles. Then, you'll learn how to make the all-important knit and purl stitches (and some other stitches along the way). Lastly, we'll go over how to get your knitting off the needles. Students will work at their own pace and are responsible for purchasing their own supplies before the first class. A supply list will be provided at time of registration or upon request. Cost: \$90 | Instructor: Rachel Peterson TUES • OCT 3, 10, 17, 24 (6:00–8:30 pm) CRN: 37500

Charcuterie Style Caramel Apple Board - This interactive hands-on workshop walks you step by step on how to style a small caramel apple charcuterie style board while learning proper food handling techniques, food safety tips, flavor profiling, and styling techniques. Please bring a small paring knife. Students are responsible for purchasing their own ingredients before the first class. A supply list will be provided at time of registration or upon request. Cost: \$25 | Instructor: Crystal Yock THURS • OCT 12 (5:30–7:30 pm) CRN: 37514 WED • OCT 25 (5:30–7:30 pm) CRN: 37515

Homeowner's Guide to Electricity - Do you want to better understand your home's electrical system? You will learn how over-current works (whether it's fuses or breakers). Other topics include existing codes and concepts to keep your home as safe as possible, as well as upgrading issues including LED lighting and GFCI protection. Class is taught by Steve Edgar, Licensed Master Electrician and JWCC instructor. This class will be held at the Workforce Development Center, 2710 N. 42nd Street, Quincy. Cost: FREE | Instructor: Steve Edgar THURS • OCT 12 (6:00–8:30 pm) CRN: 37497

The Winner Is . . .

Winner for July is **Marjorie Terwelp** and the winner for August is **Peggy Ulm**. RSVP staff draw a name from all the pink timesheets submitted by the 7th of each month. **Remember—if you turn your pink sheets in by the 7th of the month, you may be a winner!**

We also track the names of our current members who referred a new volunteer who, in turn, submitted their first timesheet. **Marcia Johnson** is the winner for July and August!

Winners, please stop by the RSVP office on the JWCC Main Campus to pick up your \$20.00

Adams County
RSVP

Lead With

Experience . . .

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