

Fall 2025 Course Descriptions

Course: **Blazer Cafe** Instructor: Misty Fierge

Tuesdays and Thursdays 9:00-9:50

Maximum enrollment: 6

Tuition: \$250

This class will practice job skills by growing a CFL beverage service on the Quincy campus. We partner with EFB (Electric Fountain Brewing) to create delicious hot and iced beverages. Students will learn how to market, prepare and sell products, as well as handle money and budget for expanding what they offer. We offer these products for suggested donations, and all money goes to our CFL Scholarship Fund!

Course: Fall Garden Market

Instructors: Cheryl Gerhardt & Janice Edwards

Tuesdays and Thursdays 9:00-9:50

Maximum enrollment: 10

Tuition: \$250

Spend time growing and harvesting herbs, flowers and vegetables in and around the John Wood Greenhouse, and in the classroom in our tower garden. You will even be making propagation cuttings so you can have your own houseplants! Then we will be sharing garden products with our community. We offer these products for suggested donations, and all money goes to our CFL Scholarship Fund! You'll be learning about growing plants while raising money for our programs!

Course: Seen & Heard: I/D (Intellectual Disabilities) in Movies and TV

Instructor: Misty Fierge

Tuesdays and Thursdays 10:00-10:50

Maximum enrollment: 10

Tuition: \$250

Do you like movies and TV? Plan to view various movies and television shows that feature actors **with** disabilities and **about** people with disabilities. We will discuss how these people were portrayed and how the message was communicated. You will have the opportunity to create videos of yourself, and your classmates giving a "review" of the movie/show.

Course: Money, Music & Math: Learning Thru Rhythm and Numbers

Instructor: Cheryl Gerhardt

Tuesdays and Thursdays 10:00-10:50

Maximum enrollment: 10

Tuition: \$250

Do you want to better understand math concepts? Are you curious how math can apply to music? Gain practical skills in managing money and appreciate the connection between numbers, sound, and daily life. We'll use music to reinforce math skills and financial literacy.

Course: Self-Advocacy (Required Class)

Instructors: Misty Fierge/Cheryl Gerhardt Tuesdays and Thursdays 10:50-10:15

Tuition: \$125

This is required course is designed to help you learn about yourself! We will learn to better understand and communicate our needs, as well as discover what supports might help. Students will increase their understanding of and engage in discussions about a variety of topics focusing on quality of life.

Course: Everyday Scripts (QCT Theater)

Instructors: Brendan Shea

Tuesdays and Thursdays 11:20-12:10

Maximum enrollment: 10

Tuition: \$250

Quincy Community Theater (QCT) Education Director Brendan Shea will lead you in creating performances that focus on your life! Learn how speaking in front of others, role-playing and personal awareness can help you gain confidence! One goal of this course is to prepare to perform your scripts at the end of the semester!

Course: History: A Guided Tour of Quincy & Adams Co

Instructor: Misty Fierge

Tuesdays and Thursdays 11:20-12:10

Maximum enrollment: 10

Tuition: \$250

We will study the rich history of Quincy and Adams County and then visit the beautiful sites around the area that correspond with the events/time periods. This class includes some offsite learning. Transportation will be coordinated. Our tours and areas of study will include John Wood Mansion, Lincoln Douglas Debates/Washington Park, Quincy History Museum, Villa Kathrine, Quincy Art Center, Woodland Cemetery, Lock and Dam 21 and the Dr Richard Eells house.

Course: **Art in Nature**Instructor: Suzana Andrews

Tuesdays and Thursdays 1:00-1:50

Maximum enrollment: 10

Tuition: \$250

In this hands-on class, nature will inspire your art! Learn to use different materials including paper, paint, clay and natural items that you collect. Create unique works of art that focus on and use many things found in nature.

Course: Fall Gratitude, Gifts & Giving Back (Service Projects)

Instructor: Jaden Hollaway & Janice Edwards

Tuesdays and Thursdays 1:00-1:50

Maximum enrollment: 10

Tuition: \$250

Feeling thankful, but not sure how to show it? Learn how to create inexpensive, but meaningful items to share (and keep one for yourself too)! We will focus on community service and sharing our gratitude with a different theme each month.

Course: Mystery Science

Instructors: QU Student Teachers and Dr. Christina Priebe

Tuesdays and Thursdays 2:00-2:50

Maximum enrollment: 12

Tuition: \$250

Ready to think like a scientist? QU student teachers and Mystery Doug will lead on your way. Fascinating, hands-on lessons will help you better understand the world! Weekly investigations and experiments will lead to learning more about animals, earth science and even chemistry.

Course: Cooking Skills & Recipe Reading

Instructors: Janice Edwards

Tuesdays and Thursdays 2:00-2:50

Maximum enrollment: 8

Tuition: \$300

Ready to up your game in the kitchen, while improving your reading skills? Instructors will get you started, then you will help decide what tasty treats and dishes your class will cook up. Add to your recipe binder, review common measurements, and even improve cutting skills in this class.